

Roots of Empathy

Seeking experienced volunteers to undertake an exciting opportunity as a Roots of Empathy Instructor

Roots of Empathy is an evidence-based program that has shown significant effect in reducing levels of aggression, including bullying, among school children while raising social and emotional competence and increasing empathy - the ability to understand how another person feels.

Instructors deliver all aspects of the Roots of Empathy curriculum in the classroom.

Becoming a Roots of Empathy Instructor:

- Instructors attend an intensive 4-day training before working in the classroom
- The program is delivered by the Instructor over the course of 27 classroom visits throughout the school year
- With the help of a community parent and baby, Instructors guide students in identifying and reflecting on their own feelings and the feelings of others

Training takes place Oct 25-27. **Act now.**

For more information, please contact:

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